Essence: Sweet children, the Support of Life for all of you has come to liberate you from the suffering of

the sorrow caused by the demons of death. He gives you your inheritance of heaven. He is not

omnipresent.

Question: Which yoga is always *combined* with this Raja Yoga?

Answer: In this Raja Yoga, Praja Yoga (subject yoga) is always combined because, together with the

king and queen, subjects are also needed. If all became kings, over whom would they rule? All of you say that you will become emperors and empresses and that you have come here to study Raja Yoga. However, a lot of courage is needed to become kings and queens. You need to have complete power. Only when you totally surrender yourself to the Father can you go

into the kingdom.

Song: O Beloved come and meet me! The unhappy heart is calling out to You...

Om shanti. Who is calling out to the Beloved? The lovers are called brides, devotees. They call out to the Bridegroom, "God" or "Father." The idea of omnipresence doesn't hold any weight in this. You call out to the Beloved: Come and meet me! Living beings (embodied souls) call out to the Supreme Father, the Supreme Soul: Oh Supreme Father, Supreme Soul, come! Have mercy! You would not call out to Him in this way in heaven. Truly this is the land of sorrow and so you call out to the Beloved. The Beloved, God, is only One. The Creator is only One. The world, that is, the world cycle is also only one. You children know that from the iron age it will once again become the golden age. In the golden age, there will once again be the kingdom of the original eternal deities. This is knowledge. You children know how the Beloved has come. Shiva is Incorporeal. All of you are incorporeal souls. You have come here to play your part. How did the Incorporeal Father come? Who taught you Raja Yoga? Krishna cannot teach it. He is not the one who establishes the golden age. He is not called the Creator. The Beloved of all living beings is said to be the Supreme Father, the Supreme Soul, the Incorporeal Creator. He says: You celebrate My birth as Shiv Jayanti. I do not take birth in the same way that Krishna does. Children have been granted visions of how Krishna takes birth from his mother's womb. The Father says: I also have the name Rudra. It also says in the Gita: This is the sacrificial fire of the knowledge of Rudra, that is, it is the sacrificial fire created by Shiva. Therefore, incorporeal Shiva surely has to come here in the corporeal form. The Father sits here and explains: With just two words of this song, the idea of omnipresence is thrown out. Krishna is not called the Beloved. You say: "Oh God, the Father! Oh Support of Life!" because He is the Support of everyone's life. He liberates everyone from the suffering of the sorrow caused by the demons of death. Therefore, He definitely has to come. The Father says: I come at the confluence age of every cycle. This is the beneficial confluence age. After the golden age, there is a reduction of two degrees. This confluence age is the age of ascent. You have to use your intellect for everything in this. It is explained very easily for new ones: Your Father is the incorporeal Supreme Father, the Supreme Soul, Shiva. Remember Him. That's all! All the mantras of other gurus etc. belong to the path of devotion. Devotion lasts for half the cycle and then the inheritance of knowledge continues for half the cycle. Knowledge will not remain there. You are given knowledge to take you from degradation into salvation. It is the work of a guru to grant salvation to his disciples or *followers*. However, they don't know what liberation or salvation is. They even sing: The Bestower of Salvation for all is Rama. The Purifier is the Rama of all Sitas. You children know that in the golden age there is just the one religion. The sun-dynasty kingdom continues there. Then, there is the kingdom of Rama in the silver age where there are two degrees fewer. Ravan etc. does not exist there. There is no question of calamities. This whole world is Lanka, the kingdom of Ravan. At this time, all human beings are worse than monkeys because all of them have the 5 vices in them. Human beings have so much anger in them. Look how they kill one another! They make preparations to kill or be killed. All of you were vicious. Baba has now come and is enabling you to conquer Ravan. Look what they have written in the scriptures! It wasn't that Hanuman's tail caught fire and that the whole of Lanka was burnt. In fact, this whole world is Lanka. You children, the decoration of the Brahmin clan, were previously impure. You are now conquering Maya, Ravan. The Father has come and has opened the lock on your intellect. The Father is the Intellect of the Wise. Look what human beings relate and how they spoil your heads through

The Father says: This will also happen again. There was no concept of omnipresence in the beginning. You used to say: God is infinite. It is such a big mistake to say that He is infinite and then call Him omnipresent. They say: "Shivohum, tattwam". They sometimes say, "Shivohum" and sometimes, "Brahmohum". This then becomes wrong. Brahm is a place of residence. Shiv Baba resides in the brahm element and this is why it is called Brahmand. We souls are also residents of that place. Those people say that Shiva is beyond name and form. All of these matters have to be explained. In this too, it is only when they understand this regularly for a week that their aprons can be coloured with knowledge. You have to explain: You also have the unlimited Father from whom Bharat receives the inheritance of liberation-in-life. All the rest receive the inheritance of liberation. The Father says: Children, the play has now ended. Your 84 births have now ended. You have played your part for so long, and you now have to return home. The Father comes and establishes the kingdom for us and so it would surely be established at the confluence age. Only then could you claim your inheritance in the golden age. Baba is teaching you to perform such good actions. What did Lakshmi and Narayan do that they became so elevated? You now know that Baba is teaching you Raja Yoga. He would not teach you this in the golden age. There, it is the kingdom of Lakshmi and Narayan. This is the benevolent confluence age in which you have to make very good effort. The Father says: Renounce the consciousness of the body, have the faith that you are a soul and remember Me, your Father. Having been wandering around you have become tired. Only the Brahmins, who are the mouth-born creation of Brahma, become the seers of the three aspects of time. It is the Father who makes you this. You are the ones who spin the discus of self-realisation. Vishnu is not trikaldarshi. They have given the ornaments to Vishnu. In fact, you Brahmins become trikaldarshi. The clans have also been explained to you. The Brahmin clan is the top-knot. The people of Bharat make this picture, but they don't show the top-knot. They have made the Brahmin clan disappear. There is Prajapita Brahma. Therefore, first of all, there has to be the top-knot of Brahmins. At this time, all are shudras. You have become Brahmins who are the mouth-born creation. You also heard in the song: O Beloved, come and meet me! There is no question of omnipresence. You lovers are now sitting personally in front of the Beloved. The Beloved is giving you your inheritance of heaven. He is such a good Beloved. People say: Krishna abducted someone to make her a queen. However, they don't understand which queen. You now know this and are making effort to become the emperors and empresses of heaven. This is Raja Yoga, and Praja Yoga is *combined* with this. There won't just be kings and queens. All of you say that you will become emperors and empresses, that you have come to study Raja Yoga. However, not everyone will become an emperor or empress. Courage is needed. You need to have complete power. On the path of devotion, only when they do intense bhakti do they have visions. They sacrifice themselves to Shiva. In fact, to sacrifice yourself is also a matter from here. It has also been explained to you that the Gita, Bhagawad, Ramayana and Vedas etc. do not exist in the golden and silver ages. It isn't that they have continued from time immemorial. They have continued from the copper age. Then, they will be created again in the copper age. Muslims came and took the kingdom. Mahmud Guznavi came and looted everyone. You now know all of these things. We changed from being worthy of worship to worshippers and built our own temples. Therefore, we must have had so much wealth. It is a matter of 5000 years, and that too is from the beginning. You have so much wealth on the path of devotion too. Just imagine what the palaces of those who built temples studded with jewels and diamonds would be like! The name is so elevated. You see Lakshmi and Narayan decorated so beautifully. Now the poor helpless ones have no wealth. Previously, they used to make everything for Lakshmi and Narayan from diamonds. Later, everything was looted and taken away. There, there are golden bricks and you build your palaces with them. You used to be very wise. Now you have become senseless and this is why you have become poverty-stricken. They have made so many allegations against Shiv Baba and the deities. This is why Baba says: Wherever there is extreme irreligiousness, I come. Only when I enter this one can I create Brahmins. By coming into Bharat He creates Brahmins through the mouth of Brahma. Would I go abroad? The one who was the foremost pure one and worthy of worship has now become a worshipper. I enter his impure body. They say Trimurti, but have removed the word Shiva. There is no meaning in saying "Trimurti Brahma". Baba says: I enter this body at the

confluence age of every cycle and create you Brahmins. This is the most elevated age of you Brahmins. You are now in God's lap. You are claiming your unlimited inheritance from Baba, God. You know that you will attain Him by remembering Him. It is said: Those who remember a woman at the end.... The birth you receive will be according to what you remember at the end of your present birth. This is the time of the final moments. The Father sits here and explains to you: At this time, you have to remember Me, the Father. May you be soul conscious. May you be bodiless. Have the faith that you are a soul and remember Me, the Supreme Father, the Supreme Soul. You mustn't just sit down in one place to remember the Father. Children remember their father whilst sitting, walking and moving around. The unlimited Father says: Remove your intellect from everyone else and constantly remember Me alone. This requires effort. You have taken 84 births and this is now your final birth. You now belong to the Father and so He has given you such sweet names. Baba sent names through the trance messenger. The names there are very good. Nevertheless, you will be given the same names that you were given in the previous cycle. You also have to explain the meaning of omnipresence. If all devotees are God, then what would they receive? Nothing at all! You are now in God's lap. You become Brahmins from being in God's lap. The shudra clan has now ended. These clans are for you people of Bharat. You know that you were transferred from the shudra clan and are now in the Brahmin religion. Those who became Brahmins in the previous cycle will become that again. The tree continues to grow. Baba tells you children such good things. However, when storms of Maya come, even good children fall. There is a battle. You are the children of the Almighty Authority and so Maya is no less either. For half the cycle it is the kingdom of Ravan. At this time, Maya will make you fall with great force. That is called a storm. There is the example of Hanuman. No matter how many storms of Maya come, you mustn't shake. Always remain cheerful. The more powerful you become, the more forcefully Maya will attack you. She will see whether you are worthy or not. Some say: Baba, I have dirtied my face. As soon as you dirty your face, your intellect becomes locked and you aren't able to imbibe because you defamed Baba. A physical father also says: You have defamed the name of the clan. Baba explains: You must never become one who defames the name of the clan. The Father has come from the supreme abode to teach you. God speaks: I have come to make you into the kings of kings. The kingdom will definitely be established. However many of you become Brahmins at this time, that many became Brahmins before and will continue to become Brahmins. You children have to remember that that parlokik Father doesn't have a father of His own. He is the supremely knowledge-full, the Seed of the human world, the Living Being, the Purifier, the merciful, knowledge-full and blissful one. There is no one who gives bliss to Him. He Himself is the Father, Teacher and Satguru. You are personally sitting in front of the unlimited Father in His home. This is God's family. It will continue to grow. You keep the cycle of 84 births in your intellect. We deities take this many births, we warriors take this many births. Then, we will become deities again. Maya creates the land of sorrow. The Father comes and creates the land of happiness. It is so easy. You should make a lot of effort. The effort you make now will become your effort for cycle after cycle. You would say: We have been making effort like this for every cycle. Mama and Baba also make effort. They will then become the worthy-of-worship deities, Lakshmi and Narayan. We become the most elevated of all by following shrimat. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1. At this time of the final moments practise remembering the one Father alone. Become bodiless.
- 2. Never become one who defames the name of the clan. Don't shake in the storms of Maya. Always remain cheerful.

Madhuban

Blessing:

May you be a *master* almighty authority and overcome adverse situations by considering them to be *side-scenes* and move forward.

Always maintain the awareness of being a *master* almighty authority and you will experience every adverse situation to be a *side-scene*. By considering it to be an adverse situation, you become afraid, but by seeing it as a *side-scene*, that is, by considering it to be scenery along the path, you will easily overcome it. This is because happiness is experienced on seeing scenery. You don't become afraid. Obstacles are not obstacles, but the means to move forward. You move forward in your class by taking an exam. Therefore, never come to a standstill in any situation. Continue to experience the flying stage with the awareness of constantly being a *master* almighty authority.

Slogan:

Become such easy yogis that, on seeing you others are able to have yoga.

OM SHANTI